

2018 USA TAEKWONDO IOWA STATE CHAMPIONSHIPS DESIGNATED POOMSAE

COLOR BELTS — ALL AGES	
YELLOW	TAEGEUK 1
GREEN	TAEGEUK 3
BLUE	TAEGEUK 5
RED	TAEGEUK 7

BLACK BELT INDIVIDUAL POOMSAE		PRELIM	SEMI	FINAL
	6-7 YEARS OLD	TAEGEUK 2	KORYO	TAEGEUK 5, TAEGEUK 4
	8-9 YEARS OLD	TAEGEUK 6	TAEGEUK 2	KORYO, TAEGEUK 3
	10-11 YEARS OLD	TAEGEUK 3	TAEGEUK 7	TAEGEUK 2, TAEGEUK 8
CADET	12-14 YEARS OLD	KEUMGANG	KORYO	TAEGEUK 6, TAEGEUK 8
JUNIOR	15-17 YEARS OLD	TAEGEUK 6	TAEBAEK	TAEGEUK 5, TAEGEUK 4
UNDER 30	18-30 YEARS OLD	TAEGEUK 7	TAEGEUK 6	KEUMGANG, KORYO
UNDER 40	31-40 YEARS OLD	PYONGWON	KEUMGANG	SHIPJIN, TAEGEUK 8
UNDER 50	41-50 YEARS OLD	CHONKWON	SHIPJIN	JITAE, KORYO
UNDER 60	51-60 YEARS OLD	HANSU	CHONKWON	PYONGWON, TAEBAEK
UNDER 65	61-65 YEARS OLD	SHIPJIN	PYONGWON	KEUMGANG, CHONKWON
OVER 65	66 & OLDER	JITAE	TAEBAEK	HANSU, PYONGWON

PAIRS POOMSAE (CO-ED) — 1 MALE & 1 FEMALE				
	9 AND UNDER	TAEGEUK 2	KORYO	TAEGEUK 6, TAEGEUK 8
	10-11 YEARS OLD	TAEGEUK 3	TAEGEUK 7	KORYO, TAEGEUK 4
CADET	12-14 YEARS OLD	TAEGEUK 5	TAEGEUK 4	TAEGEUK 7, KEUMGANG
JUNIOR	15-17 YEARS OLD	TAEGEUK 6	KEUMGANG	TAEGEUK 5, KORYO
1ST PAIRS	18-30 YEARS OLD	TAEGEUK 8	TAEBAEK	SHIPJIN, KEUMGANG
2ND PAIRS	31+ YEARS OLD	CHONKWON	JITAE	PYONGWON, TAEBAEK

TEAM POOMSAE — 3 COMPETITORS OF THE SAME GENDER				
	9 AND UNDER	TAEGEUK 3	TAEGEUK 4	TAEGEUK 6, KORYO
	10-11 YEARS OLD	TAEGEUK 5	KORYO	TAEGEUK 7, TAEGEUK 5
CADET	12-14 YEARS OLD	KEUMGANG	TAEGEUK 6	TAEGEUK 8, TAEGEUK 4
JUNIOR	15-17 YEARS OLD	TAEGEUK 4	TAEGEUK 8	KEUMGANG, TAEGEUK 8
1ST TEAM	18-30 YEARS OLD	KORYO	PYONGWON	TAEBAEK, TAEGEUK 6
2ND TEAM	31+ YEARS OLD	PYONGWON	TAEGEUK 8	CHONKWON, SHIPJIN